



Barrington Area Conservation Trust
Monarch Butterfly Garden

Common Name	Botanic Name	Exposure	Soil	Height	Color	Bloom
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Milkweed- The only host plant for monarch butterflies.

Butterfly Weed	<i>Asclepiis tuberosa</i>	Sun	Mesic/dry	1-3'	Orange	June-July & Sept- Oct
Common Milkweed	<i>Asclepias syriaca</i>	Sun/part shade	Mesic/dry	3-5'	Pink	June-Aug
Swamp Milkweed	<i>Asclepias incarnata</i>	Sun	Moist	2-4'	Pink	June-Aug

Early Flowering Nectar Sources (Typically begins to bloom in April/May)

Blue False Indigo	<i>Baptisia australis</i>	Sun	Mesic	3-4'	Blue	May-June
Columbine	<i>Aquilegia canadensis</i>	Sun/part shade	Mesic/dry	1-2'	Red/ Yellow	April-July
Foxglove Beardtongue	<i>Penstemon digitalis</i>	Sun	Mesic/dry	2-4'	White	May-June
Golden Alexander	<i>Zizia aurea</i>	Sun/part shade	Wet/mesic/dry	2-3'	Yellow	April-June
Golden Alexander (Heart Leaf)	<i>Zizia aptera</i>	Sun/part shade	Mesic/dry	1-2'	Yellow	April-June
Lance-leaved Coreopsis	<i>Coreopsis lanceolata</i>	Sun	Mesic/dry	1-2'	Yellow	May-June & Aug-Sept
Pale Purple Coneflower	<i>Echinacea pallida</i>	Sun/part shade	Mesic/dry	2-3'	Pale Purple	May-Aug

Mid-Season Nectar Sources (Typically begins to bloom in June/July)

Black Eyed Susan	<i>Rudbeckia hirta</i>	Sun/part shade	Mesic/dry	1-3'	Yellow	June-Oct
Cardinal Flower	<i>Lobelia cardinalis</i>	Sun/part shade	Wet/mesic	3-6'	Red	July-Sept
Evening Primrose	<i>Oenothera tetragona</i>	Sun/part shade	Mesic/dry	12-18"	Yellow	June-Aug
False Sunflower	<i>Helianthus occidentalis</i>	Sun	Mesic/dry	3-6'	Yellow	June-Sept